

# Trauma-Informed and Culturally-Responsive Practices in Working with Asian American, Native Hawaiian and Pacific Islander (AANHPI) Clients

Thursday, August 31st, 2023  
10:00am-12:00pm

## Course Description:

This training aims to deepen the participants' understanding of the needs and cultural context of behavioral health clients who identify as Asian American, Native Hawaiian, and Pacific Islander (AANHPI), within a trauma-informed lens. This training discusses areas for cultural adaptation when working with AANHPI clients using a combination of top-down and bottom-up frameworks; and ecological models. This workshop also addresses the National CLAS Standards' "Principal Standard 1: Provide effective, equitable, understandable, and respectful quality care and responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs.

3 CE's, includes one-hour of preparatory reading and 2-hours of workshop time.



### Ritchie Rubio PhD

As current Director of Practice Improvement and Analytics at the San Francisco Department of Public Health - Behavioral Health Services, I strengthen our system's efforts to integrate trauma-focused and culturally-responsive practices with primarily BIPOC clients. During the past 3 years, I have been developing curriculums and providing state, national, and international trainings on cultural and telehealth adaptations of clinical practices specifically trauma-informed and trauma-focused interventions. I am also an adjunct professor (formerly associate professor) at the counseling psychology programs of Pepperdine University, the University of San Francisco and The Wright Institute in Berkeley. Relevant to this training, I have taught courses such as Trauma and Crisis Counseling; and Developmental Psychology (with a Multicultural and Social Justice frame).

Click Here for **REQUIRED PRE-READING**

### Measurable Learning Objectives

After attending this course, participants will be able to:

- Describe at least two principles of culturally-adapting evidenced-based clinical interventions for AANHPI clients using top-down and bottom-up frameworks.
- Illustrate at least two ways of culturally-adapting trauma-focused interventions when working with AANHPI clients.
- Explain two ways of demonstrating cultural humility when working with AANHPI populations.

### Registration Information Contact:

Paul Y. Moore, ONTRACK Program Resources:

[pymoore@getontrack.org](mailto:pymoore@getontrack.org)

### Programing Information Contact:

Office of Ethnic services

<mailto:Officeofethnicservices@acgov.org>

•To request a reasonable accommodation or to file a grievance about an ACBH training, go to:

<https://www.acbhcs.org/providers/training/calendar.htm>

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Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_Ei), Provider No. 4C-04-604-0624; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040. AC- BHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, achieve a score of at least 70% on the post-test and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days (about 4 and a half weeks) after the training.