

Connecting the Dots: Historical Trauma, Toxic Stress and Indigenous Communities

Thursday, May 18th, 2023
10:30am-12:30pm

Course Description:

Join us as we "Connect the Dots" in understanding how ongoing Historical Trauma and Toxic Stress not only directly impact our Indigenous Communities, but our broader society as well. As helping professionals, it is our duty to understand the neuroscience and epigenetics behind toxic stress, to understand the current day implications, and to find ways to make paradigm shifts in the way we do the work as well as in the way our systems and policies are impacting our community members. The impact of colonization, historical trauma, intergenerational adversities, childhood trauma, ongoing racism and discriminatory practices continue to challenge us; it is only when we lookholistically at what our society, communities, families and individuals need that we will be able to overcome these challenges. The session thus addresses directly the National CLAS Standards' Principal Standard 1: "Provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs."

3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.



Instructor Linsey McMurrin, a citizen of the Leech Lake Nation of Ojibwe in Northern Minnesota, is a trauma-sensitive Prevention Practitioner and Executive Director of Peacemaker Resources, a nonprofit organization committed to improve health and social outcomes through understanding the root causes of the contemporary issues we are facing as a society today. Linsey is committed to the ongoing process of integrating trauma-sensitive, equity driven, and culturally responsive approaches into the organizations, institutions, systems and policies throughout the nation in order to cultivate environments in which everyone can find pathways to healing and success.

Click Here for [REQUIRED PRE-READING](#)

Measurable Learning Objectives

- By the end of the training, participants will be able to name six of the eras of Historical Traumas in Indigenous communities in the United States
- By the end of the training, participants will be able to identify the four major components of Historical Trauma Intervention
- By the end of the training, participants will be able to state three distinct health concerns of Native American nations in California and identify possible interventions that are culturally responsive

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• To request a reasonable accommodation or to file a grievance about an ACBH training, go to:

<https://www.acbhcs.org/providers/training/calendar.htm>

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_Ei), Provider No. 4C-04-604-0624; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040. AC- BHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, achieve a score of at least 70% on the post-test and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days (about 4 and a half weeks) after the training.

CLICK [HERE](#) TO REGISTER or scan QR code with phone below

