

# African American Mental Health Training and Technical Assistance Program

## Geriatric Mental Health Among African Americans



**Karinn Glover, MD, MPH**

### Description:

This course will present core concepts of geriatric mental health but will do so with an emphasis on older adults of African-American and Caribbean-American background. There will be some discussion of approaches to mental illness, particularly anxiety disorders, depression, and psychotic disorders. There will be some exploration of cognitive disorders and substance use disorders as well. Special attention will be paid to elder abuse and support for caregivers.

**Target Audience:** Community-Based Organizations and ACBH contracted Mental Health and Substance Use Disorder Provider staff.

### Measurable Learning Objectives:

- Describe five core concepts of psychopharmacology for elders
- List five signs of cognitive impairment
- Identify three assessment tools that can help clinicians assess mental health conditions
- Describe four ways to address elder abuse
- Identify four factors that can impact outcomes of depression in Black elders

### About the Presenter:

Karinn Glover, MD, MPH, Assistant Professor of Psychiatry and Behavioral Sciences at Albert Einstein College of Medicine and Attending, Adult Outpatient Psychiatry Division, Montefiore Hospital, Bronx NY. Currently Assistant Professor of Psychiatry at the Albert Einstein College of Medicine, Dr. Glover teaches psychopharmacology and aspects of psychotherapy to Psychiatry and Family Medicine residents. Her decade-plus experience as a psychiatrist and leader in the primary care division at Montefiore Health System has informed her approach to health equity, Diversity, Equity, Inclusion and Belonging (DEI+B), and the styles of leadership that produce organizational success.

**Friday**  
**March 24, 2023**  
**9:00am - 01:30pm**  
**3.5 Hours CE Credit**

(One 10-min break & 30-min lunch  
will not be counted  
toward CE time awarded)

To complete an ACBH  
sponsored virtual training,  
attendees must achieve a score  
of at least 70% on the post-test

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(Zoom Link will be sent  
after registration)

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