

Mental Health Services with Latinx Populations: An Antiracist and Intersectional Approach

Monday, October 16, 2023
10:30 am - 12:30 pm

Description: An Antiracist and Intersectional Approach will address the psychological impact of systemic discrimination on Latinx people at the intersection of race/ethnicity, immigration, and sexual identity. This workshop will guide attendees in examining their own axis's of privilege and oppression and how to actively reduce power dynamics inherent to provision of mental health services with Latinx communities. Finally, the workshop will introduce liberation as a framework for addressing the ongoing radical healing practices that can support Latinx communities.

3 CE's, includes one-hour of preparatory reading and 2-hours of workshop time.



Dr. Laura Minero (She/Her/Ella) is a licensed psychologist and specializes in working with BIPOC, LGBTQ+, Spanish-speaking and immigrant youth and adults via her independent practice Yolo! Libre Therapy, Training, and Consulting. She earned her PhD in Counseling Psychology from University of Wisconsin-Madison and has dedicated her life-affirming work to revolutionizing systems that adversely impact undocumented, queer, trans, and communities of color. She contributed to scientific studies used to inform national policy as a Science Policy and Technology Fellow with the National Academies of Sciences, Engineering, and Medicine. Her research on undocumented and asylum-seeking transgender immigrants and their lived experience at the intersection of cissexism, racism, and state-sanctioned trauma has been supported by Ford Foundation Predoctoral and Dissertation fellowship awards. Her dissertation critiqued U.S. Detention and Asylum-seeking processes for incurring trauma and psychological sequela on Latinx, transgender immigrants and earned her APA's Division 44's (Society for the Psychology of Sexual Orientation and Gender Diversity) 2020 Transgender People and Gender Diversity Research Award, the National Latinx Psychological Association's Outstanding Dissertation Award, Association for Hispanics in Higher Education 1st Place Dissertation Award, and the 2022 Outstanding Dissertation Award from the Committee for Global Psychology, American Psychological Association.

[Click Here for REQUIRED PRE-READING](#)

Learning Objectives:

- Identify three ways that systemic racism impacts the wellbeing of Latinx communities and individuals in the US;
- Explain two ways that racism and sexism/cissexism intersect.
- Describe three components of implementing radical healing with Latinx people

Registration Information Contact:

Paul Y. Moore, ONTRACK Program Resources:

pymoore@getontrack.org

Programing Information Contact:

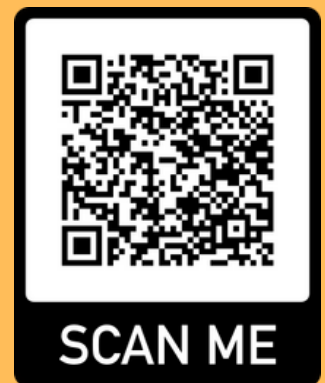
Office of Ethnic services

<mailto:Officeofethnicservices@acgov.org>

•To request a reasonable accommodation or to file a grievance about an ACBH training, gov

to: <https://www.acbhcs.org/providers/training/calendar.htm>

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