Bay Area Community Health

TransVision’s primary goal is to lower HIV infection rates among transwomen by increasing knowledge of HIV risk and behaviors. TransVision serves the entire LGBTQIA community for Alameda and Santa Clara County.

Website: https://bach.health/transvision
Phone: Alameda County (510) 770-8040
Santa Clara County: (408) 729-9700

Open To All – A Nonprofit Campaign To Transform America

Open to All™ is a nationwide nonprofit nondiscrimination program that believes everyone should be welcome regardless of race, ethnicity, national origin, sex, sexual orientation, gender identity and expression, immigration status, religion, or disability.

Website: https://www.opentoall.com/

Pflag Oakland/East Bay
Providing peer-to-peer support, educating people issues that are important to the lesbian, gay, bisexual, transgender, and queer community; advocating for inclusive policies and laws.

Website: www.pflag-eastbay.org
Website: pflag.org/chapter/pflag-oakland-east-bay
Phone: (510) 562-7692
Email: pflagoeb@gmail.com

The Trevor Project
Working to end suicide among lesbian, gay, bisexual, transgender, queer & questioning young people.

Website: https://give.thetrevorproject.org
Phone: (212) 695-8650

Youth Uprising
Our primary focus is building a systems change and community economic development platform that supports and strengthens our personal transformation work.

Website: www.youthuprising.org
Phone: (510) 777-9909

Rainbow Families
Rainbow Families provides education, resources, and support services for LGBTQ+ parents, families, and parents-to-be.

Website: rainbowfamilies.org
Email: info@rainbowfamilies.org
Phone: (202) 845-6913

Alameda County Hiv/Aids Services
Offices of HIV Care and Prevention
Website: https://acphd.org/hiv/
Phone: (510) 268-7630
Email: HIVInfo@acgov.org

Kaiser Health Services
Gender Health Services and Transgender Care
Website: https://thrive.kaiserpermanente.org/care-near-you/southern-california/transgender/programs-services/
Patient Contact Line: (323) 857-3818
TRANSGENDER CARE LINE
Phone: (323) 857-3818

Planned Parenthood
Reproductive Health, MH and Hormonal treatment services for trans youth.
Website: https://www.plannedparenthood.org/
Phone: 1-800-230-PLAN

Transvision | Alameda Health Consortium
HIV Prevention Services and added transgender specific primary care services.
Website: https://www.alamedacountyhhs.org/services/transvision
Phone: (510) 297-0230
Email: information@alamedacountyhhs.org

Folx Health
Providing virtual health care and hormone treatment for individuals and Individual primary care LGBTQ+ providers.
Website: https://www.folxhealth.com
Email: support@folxhealth.com

ORGANIZATIONS AND OTHER RESOURCES

Pacific Center LGBTQIA+ Resource List
Please Contact V. Serratos at vserratos@pacificcenter.org for a resource list.

Second Chance
Counseling services available to provide treatment and recovery services for substance use disorders.
Website: https://www.secondchanceinc.org/
Website: https://your2ndchanceinc.com/services/individual-services/
Phone: (510) 792-HELP

OLDER ADULT LGBTQ SERVICES

Lavender Seniors Of The East Bay
Email: info@lavenderseniors.org

Caring Program
This is a support group exploring issues of aging in the LGBTQ+ community
Phone: (510) 736-5428
Email: info@lavenderseniors.org

Alameda County Tobacco Prevention, Sensation And Control Coalition
Working to address tobacco-induced health disparities and to protect the health and wellness of Alameda County residents through a health equity and social justice lens.
Phone: (510) 268-2030

Project Kids
Website: https://fightflavoredecigs.org/resources-for-parents

Quit Tobacco
Website: https://tobaccofreealamedacounty.org/focus-areas/quit-tobacco

HEALTH, EDUCATION AND PREVENTION

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Phone: (510) 777-9909

ACBH
Pride Coalition
Resource Guide
LGBTQ SUPPORT GROUPS & MEETING SPACES

Learn Why Pronouns Matter
Website: www.mypronouns.org

Project Eden
Provide co-education to men, women, youth and those in the LGBTQ community around detoxification, Substance Use Disorder and Mental Health Needs.
Website: horizonservices.org/service/project-eden-youth-services
Phone: (510) 247-8200
Email: project.eden@hsimail.org
Youth Support Groups:
- Dream Weaver Youth Group
- Lambda Youth Group

Pacific Center
Youth programs at Pacific Center support young people in feeling connected, supported, and uplifted. We offer a welcoming, affirming space to explore identity -- especially sexuality and gender -- and mental health. Promoting empowerment, mental well-being and safety for all LGBTQIA+ and QTBIPOC youth.
Website: www.pacificcenter.org/current-peer-groups

Trans Tween Group
Contact: tweenrockers@pacificcenter.org
The Trans Tween Group is a free support group for transgender and gender creative youth (ages 9-13). This group meets on the 1st & 3rd Saturday of each month from 10am-11:30am, and is facilitated by an adult mentor and a mental health clinician, both of whom identify as trans.

Speaker's Bureau: Bear Closet
Bear Closet is a student-run community-based organization at UC Berkeley focused on making the LGBTQIA+ community more accessible to questioning and closeted youth.

Rainbow Families
For more info: rainbowfamilies@pacificcenter.org

Gender Spectrum
Online teen group for transgender, non-binary, and gender expansive pre-teens. This is a safe space for pre-teens who would like to meet other gender expansive kids.
Website: www.genderspectrum.org
Website: www.genderspectrum.org/articles/gender-spectrum-groups

Side By Side Youth/Our Space
Our Space is a vibrant safe space for LGBTQIA+ youth ages 13-24 in Alameda and Marin County; allowing LGBTQIA+ youth to express their authentic selves feel seen, accepted, and celebrated. Working with youth in the Foster Care system.
Website: www.sidesbyseideyouth.org/category/lgbtqia-support
Email: OurSpace@sidesbyseideyouth.org

Oakland LGBTQ Center
The Oakland LGBTQ Center’s model of service delivery is “Wellness First” and includes social, educational, and holistic health-related programs, services and activities.
Website: www.oaklandlgbtqcenter.org/youthservices
Phone: (510) 882-2286

Town Youth Club (TYC)
Offers a variety of activities, programming, and support services to LGBTQIA+ youth and young adults in two age groups: Ages 13-17 & 18-25.
Website: www.oaklandlgbtqcenter.org/youthservices
Email: Youth Services Manager Lasandra Wells a.k.a Sandy at lasandra@oaklandlgbtqcenter.org
Email: Youth Services Coordinator Ashlee Banks at ashlee@oaklandlgbtqcenter.org.

Reach At Ashland Cherryland
LA CLINICA
PFLAG meets in Berkeley(space for LGBTQ teens to have conversations with their families and parents) GSA Network (Oakland)

PARENT SUPPORT GROUPS

National Parent Support Group
The National Parent Support Group is a live online/call-in peer group where parents can support each other and find helpful information on their journey of raising transgender, non-binary or otherwise gender-expansive children and teens. It is facilitated by Gender Spectrum, and you can join occasionally or regularly. You can participate by phone, chat or online video.

The Fathers/Masculine of Center Support Group
is a group for all fathers and masculine caregivers of transgender, non-binary, gender expansive, and gender questioning youth 24 and younger. This group meets once a month on Monday evenings.

The Grandparents Support Group is for all grandparents of transgender, non-binary, gender expansive, and gender questioning youth 24 and younger. This group meets once a month on Monday evenings.

The Parents/Caregivers of Non-binary Youth Support Group is for all parents/caregivers of non-binary, gender fluid, gender expansive, and gender questioning youth 24 and younger. This group meets once a month on Monday evenings.

The Black/Indigenous/People of Color (BIPOC) Support Group is for any parent/caregiver of color who is the parent/caregiver of a transgender, non-binary, gender expansive, or gender questioning youth 24 and younger. We use an expansive definition of BIPOC to include anyone who identifies as a person of color. This group meets biweekly on Thursday evenings.

If you have any questions or need help joining any of these groups, you can email info@genderspectrum.org