



AFRICAN AMERICAN TECHNICAL ASSISTANCE & TRAINING PROGRAM



Diagnosis and Management of Anxiety in African Americans: From Childhood to Young Adulthood.

COURSE DESCRIPTION:

This course will examine factors that contribute to anxiety disorders among African American youth and young adults along with clinical strategies to promote wellness, mental health, and resilience in this population.

TARGET AUDIENCE:

Community-Based Organizations and ACBH contracted Mental Health and Substance Use Disorder Provider staff.

MEASURABLE LEARNING OBJECTIVES:

- Identify three anxiety disorders seen in children that are included in The American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5)
- Evaluate how two social determinants of health (SDOH) influence the risk of anxiety disorders in African American youth and young adults.
- List three antidepressant classes that are indicated for the treatment of anxiety in youth.
- Identify two ways that stigma awareness may affect academic anxiety in African American youth.
- Describe two practical tips and strategies parents and teachers can use to provide mental health education about anxiety in youth and young adults

ABOUT THE PRESENTERS

Dr. Delane Casiano is an adult psychiatrist in Philadelphia, Pennsylvania. With a specialization in cultural psychiatry and women's mental health, Dr. Casiano has worked with ethnically diverse populations in a multitude of health care settings. Through her work, she is helping women overcome challenges with depression and other mental health problems. Such professional and governmental organizations as the American Psychiatric Association and the National Institute of Mental Health have recognized her research examining cultural influences on mental health beliefs among African American women with depression. Dr. Casiano is a member of the American Psychiatric Association and Black Psychiatrists of America.

Dr. Karriem Salaam is a Board Certified in Adult and Child & Adolescent Psychiatry. He currently serves as the Medical Director of Adolescent Services at Friends Hospital in Northeast Philadelphia and as a Clinical Assistant Professor of Psychiatry at Drexel University College of Medicine in Philadelphia, from 2006 to present. Dr. Salaam has been a Fellow of the American Psychiatric Association since 2017. He is a founding member of Global Health Psychiatry, LLC. A company focused on decreasing the stigma of mental illness in communities of color, through education and community action, established in 2017.



DELANE CASIANO, MD. AND KARRIEM SALAAM, MD.

FRIDAY, OCTOBER 27, 2023
9:00AM - 1:30PM
3.5 HOURS CE CREDIT

(One 10-min break & 30-min lunch will not be counted toward CE time awarded)

To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test

Register FREE via Eventbrite
REGISTER HERE

(Zoom Link will be sent after registration)

If you have a reasonable accommodation request, or grievance regarding an AATA training, please email at: customerservice@pathwaystowellness.net

For assistance with registration & other inquiries: aata@pathwaystowellness.net
<https://aata.pathwaystowellness.net/>

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 3.5 hours of CE credit for LMFTs, LCSWs, LPCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0624; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.