Connecting the Dots: Historical Trauma, Toxic Stress, and Indigenous Communities

THURSDAY, MAY 18th, 2023
10:30 a.m. to 12:30 p.m.

Course Description:
Join us as we “Connect the Dots” in understanding how ongoing Historical Trauma and Toxic Stress not only directly impact our Indigenous Communities, but our broader society as well. As helping professionals, it is our duty to understand the neuroscience and epigenetics behind toxic stress, to understand the current day implications, and to find ways to make paradigm shifts in the way we do the work as well as in the way our systems and policies are impacting our community members. The impact of colonization, historical trauma, intergenerational adversities, childhood trauma, ongoing racism and discriminatory practices continue to challenge us; it is only when we look holistically at what our society, communities, families, and individuals need that we will be able to overcome these challenges. The session thus addresses directly the National CLAS Standards’ Principal Standard 1: “Provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs.”

3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.

Measurable Learning Objectives
• By the end of the training, participants will be able to name six of the eras of Historical Traumas in Indigenous communities in the United States
• By the end of the training, participants will be able to identify the four major components of Historical Trauma Intervention
• By the end of the training, participants will be able to state three distinct health concerns of Native American nations in California and identify possible interventions that are culturally responsive

Registration Information Contact: Paul Y. Moore, ONTRACK Program Resources: pymoore@getontrack.org
• Programing Information Contact: Erin Holland, Administrative Assistant: erin.holland2@acgov.org
• To request a reasonable accommodation or to file a grievance about an ACBH training, go to: BHCS Providers Website (acbhcs.org)

Instructor Linsey McMurry, a citizen of the Leech Lake Nation of Ojibwe in Northern Minnesota, is a trauma-sensitive Prevention Practitioner and Executive Director of Peacemaker Resources, a nonprofit organization committed to improve health and social outcomes through understanding the root causes of the contemporary issues we are facing as a society today. Linsey is committed to the ongoing process of integrating trauma-sensitive, equity driven, and culturally responsive approaches into the organizations, institutions, systems, and policies throughout the nation to cultivate environments in which everyone can find pathways to healing and success.

CLICK HERE TO REGISTER or scan QR code with phone below