

ACBH Workforce Education and Training in collaboration with Mind Matters, LLC  
is pleased to offer a **FREE** training:

## *Understanding Diagnoses: Applying Updated Information from the DSM-5-TR for Adult and Older Adult populations*

**Thursday, March 9, 2023**

**9:00 AM – 4:30 PM**

**Location:** Online. Webinar link will be emailed to **registered** participants a few days prior to the training.

**Audience:** Alameda County Behavioral Health and contracted provider staff.

**Description:** When working with clients in the fields of Mental Health and Social Services, it's important to understand the DSM and the criteria it provides for each diagnosis. The DSM-5-TR (text revision) was recently updated and now includes changes in criteria to diagnoses and new diagnoses. Learn about the DSM, new and updated diagnoses, and how these changes may impact the diagnoses most commonly used with adults. Also learn how the DSM addresses cultural considerations in diagnosing. Information will be taught through lecture, video and case vignettes.

**Trainer:** Rachel Michaelsen, LCSW, is a clinical social worker who has worked in HMOs, public agencies, and private practice as both a mental-health provider and a supervisor for over thirty years. She was a collaborating clinician investigator on the DSM-5 field trials. She has taught courses in: DSM-5, clinical supervision, law & ethics, childhood psychopathology, time management, vicarious trauma, and energy psychology for various universities, conferences, and mental-health agencies.

**Learning Objectives – at the end of the training, participants will be able to:**

1. Define a mental health disorder according to the DSM-5 TR
2. Differentiate between a culturally bound syndrome and a DSM diagnosis
3. Explain the difference between a subtype and a specifier
4. List the three new diagnoses in the DSM-5-TR
5. Identify at least 5 diagnoses that have been updated in DSM-5-TR
6. Identify three changes in the DSM-5-TR that impact the diagnoses of adults with whom they work

**To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test(s).**

If you have a reasonable accommodation request, or grievance regarding an ACBH training, please email or call the Training Contact listed on this flyer, and cc the Training Unit at [Training.Unit@acgov.org](mailto:Training.Unit@acgov.org).

### REGISTRATION:

Please register online at:  
[https://www.surveymonkey.com/r/MAR9Reg\\_DSM5AdultOlderAdult](https://www.surveymonkey.com/r/MAR9Reg_DSM5AdultOlderAdult)

For registration help contact:  
[Training.Unit@acgov.org](mailto:Training.Unit@acgov.org)  
Ph: 510-567-8113  
*When emailing, include training Date and Title in Subject Line.*

### Continuing Education

**CE credit is ONLY provided for County and ACBH contracted Provider staff.**

*This course meets the qualifications for **6** hours of continuing education credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0624; and for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHCS maintains responsibility for this program/course and its content.*

**Please note:** *in order to receive CE credit licensed providers must: 1). attend the full duration of training, 2). complete an evaluation, and 3). achieve at least a 70% passing score on the post-test.*

*CE Certificates will be sent to qualifying training participants via email within 30 days after the training.*



WELLNESS · RECOVERY · RESILIENCE

