WORKSHOPS FOR MEDICAL PROFESSIONALS

All workshops can be provided in person or virtually at your convenience. **Intended for medical providers** (physicians, nurses, nurse practitioners, physician assistants, and other medical staff).

To learn more or to schedule an information session: communityeducation@crissupport.org or scan the QR code below

### Suicide Prevention in Medical Settings:

Learn how to recognize suicide warning signs and provide support to patients who may be experiencing suicidal thoughts within various roles

- The Role of Providers (Physicians, PAs, NPs)-2 hr
- The Role of Providers-1 hr version
- The Role of Pediatric Providers-2 hr
- The Role of Nurses-2 hr

### Suicide Safety Planning: An Introduction

Learn the basics about how suicide safety plans work in this overview workshop, and how to help patients create one-1 hr

### Health Care Professional Wellness: Managing and Preventing Burnout

Explore the unique risk factors experienced by health care professionals that contribute to burnout. Learn about tools and resources to help prevent and manage burnout-1 hr

Speaker Bio:
Jennifer Johal, MD, MPH, CHES® is a program coordinator at Crisis Support Services of Alameda County. With a background in medicine and public health, she has been providing workshops for medical professionals since 2018.