



MENTAL HEALTH & SUBSTANCE USE SERVICES

COME CELEBRATE  
 OLDER AMERICANS  
 MONTH  
 AND  
 MENTAL HEALTH  
 AWARENESS MONTH

DATE: TUESDAYS (4 IN MAY),

MAY 10<sup>TH</sup>, 17<sup>TH</sup>, 24<sup>TH</sup> AND 31<sup>ST</sup>

TIME NOON TO 1:00PM

LOCATION – VIRTUAL (see below)



We will be hosting four virtual noon hour events cohosted by members of the Older Adult Division and the Peers Organizing Community Change (POCC) Elders Committee, in which participants will be invited to join breakout rooms to discuss the social, cultural and community aspects one of the following topics pertaining to Older Adults:

- **Alternative Therapies**
- **Housing and the Older Adult**
- **Technology**
- **Isolation**
- **The Master Plan for Aging**
- **Dementia – Cognitive Issues**
- **Diversity, Equity and Inclusion**
- **Complex Medical Issues**
- **Advance Healthcare Directives**

<p>May 10<sup>th</sup>, Noon to 1:00 PM</p> <p>Topics to discuss:</p> <p><u>Room 1: Alternative Therapies</u></p> <p><u>Room 2: Housing and the Older Adult</u></p> <p>ZOOM Meeting ID:</p> <p>856 4583 5716</p> <p>Passcode: 412194</p>	<p>May 17<sup>th</sup>, Noon to 1:00 PM</p> <p>Topics to discuss:</p> <p><u>Room 1: Technology</u></p> <p><u>Room 2: Isolation</u></p> <p>ZOOM Meeting ID:</p> <p>865 9502 3807</p> <p>Passcode: 820989</p>	<p>May 24<sup>th</sup>, Noon to 1:00 PM</p> <p>Topics to discuss:</p> <p><u>Room 1: Dementia – Cognitive Issues</u></p> <p><u>Room 2: The Master Plan on Aging</u></p> <p>ZOOM Meeting ID:</p> <p>897 1025 1670</p> <p>Passcode: 639717</p>	<p>May 31<sup>st</sup>, Noon to 1:00 PM</p> <p>Topics to discuss:</p> <p><u>Room 1: Diversity, Equity and Inclusion</u></p> <p><u>Room 2: Advance Healthcare Directives,</u></p> <p><u>Room 3: Complex Medical Issues</u></p> <p>ZOOM: Meeting ID:</p> <p>825 2354 3309</p> <p>Passcode: 741877</p>
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