The Hume Center in partnership with ACBH’s Office of Ethnic Services and MHSA Departments 
Presents

COMMUNITY BASED APPROACHES TO EMOTIONAL WELLNESS WITH THE SOUTH ASIAN POPULATION

Dr. Preet K. Sabharwal
June 17th, 2022
11am-1pm

Target Audience:
South Asian Community members, County and ACBH contracted Provider staff.

Learning Objectives:
- Discuss History of the South Asian Community Members
- Describe Stigmas around Mental Health for the South Asian Community
- Identify Community Practices to Increase Resilience

Zoom Link to register in advance for this meeting:
https://us02web.zoom.us/meeting/register/tZUodOmhpzkqGNNTv-VrKmpJfUbB8OSgjnX_