These TALKS shall engage Transition Age Youth (TAY), ages 16-24 years, in a series of discussions and sharing of resources which aims to increase mental health awareness, engagement with other TAY, and connection to community partners. In working collaboratively with the ACBH TAY Division, it is hoped that TAY will decrease any barriers to seeking mental wellness support and access to appropriate services.

Nov. 19th
5-7 PM

THE MONEY GAP:
Financial Opportunities for TAY in Times of a Pandemic

Learning Objectives - After these sessions, participants will be able to:
- Identify barriers Transition Age Youth have encountered in seeking support during these unprecedented times.
- Identify the approaches and solutions to self-caring and maintaining wellness.
- Identify multiple resources to support their financial wellness.

Please RSVP Shannon Singleton - Banks
Email: InfoACBH.TAY@acgov.org or Call: 510-529-9823
Register: https://Talking with TAY\The Money Gap