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| **ADULT NEEDS AND STRENGTHS-Transition to Adulthood (ANSA-T)**  Alameda County BHCS | | | | | | | | | | | | | | | | | | | | |
|  | | | | | | | | | | | | | | | | | | | | |
| Date: | |  | | | | | | Type: | | Initial | | | | Reassessment | | | | | Discharge | | |
| Assessor ID: | | |  | | | | | | | | RU#/Program: | | | | |  | | | | | |
| Client Name: | | | | |  | | | | Client ID: | | | |  | | | | DOB: | | |  | |
| Gender: | | | |  | | Race: |  | | | | | Grade: | | |  | | | Zip Code: | | |  |

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| **LIFE DOMAIN FUNCTIONING** | | | | |
| 0 = No evidence of problems; no reason to believe item requires action | | | | |
| 1 = Watchful waiting; monitoring or possibly preventive action | | | | |
| 2 = Need for action. Some strategy needed to address problem/need | | | | |
| 3 = Need for Immediate action. Safety concern; priority for intervention. | | | | |
| **N/A** | **0** | **1** | **2** | **3** |
| 1. Family Relationships |  |  |  |  |
| 1. Residential Stability |  |  |  |  |
| 1. **School (1)** |  |  |  |  |
| 1. Social Functioning |  |  |  |  |
| 1. Recreational |  |  |  |  |
| 1. Caregiving Roles |  |  |  |  |
| 1. **Developmental Functioning (2)** |  |  |  |  |
| 1. Self-Care |  |  |  |  |
| 1. Knowledge of Illness |  |  |  |  |
| 1. Judgment |  |  |  |  |
| 1. **Job Functioning (3)** |  |  |  |  |
| 1. Medication Involvement |  |  |  |  |
| 1. Legal |  |  |  |  |
| 1. Medical |  |  |  |  |
| 1. Physical |  |  |  |  |
| 1. Sexual Development |  |  |  |  |
| 1. Sleep |  |  |  |  |
| 1. Intimate Relationships |  |  |  |  |
| 1. Independent Living |  |  |  |  |
| 1. Transportation |  |  |  |  |

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| **INDIVIDUAL STRENGTHS** | | | | |
| 0 = Well developed or centerpiece strength; may be a protective factor. | | | | |
| 1 = Useful strength but requires effort to maximize; useful in treatment. | | | | |
| 2 = Strength identified but requires significant strength-building efforts. | | | | |
| 3 = No current strength identified; no strength in this area. | | | | |
|  | **0** | **1** | **2** | **3** |
| 1. Family Support |  |  |  |  |
| 1. Interpersonal |  |  |  |  |
| 1. Optimism |  |  |  |  |
| 1. Educational |  |  |  |  |
| 1. Vocational |  |  |  |  |
| 1. Coping and Savoring Skills |  |  |  |  |
| 1. Talents/Interests |  |  |  |  |
| 1. Spiritual/Religious |  |  |  |  |
| 1. Community Life |  |  |  |  |

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| **INDIVIDUAL STRENGTHS continued** | | | | |
| 0 = Well developed or centerpiece strength; may be a protective factor. | | | | |
| 1 = Useful strength but requires effort to maximize; useful in treatment. | | | | |
| 2 = Strength identified but requires significant strength-building efforts. | | | | |
| 3 = No current strength identified; no strength in this area. | | | | |
|  | **0** | **1** | **2** | **3** |
| 1. Relationship Permanence |  |  |  |  |
| 1. Individual Involvement in Care |  |  |  |  |
| 1. Natural Supports |  |  |  |  |
| 1. Resilience |  |  |  |  |
| 1. Resourcefulness |  |  |  |  |

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| **BEHAVIORAL/EMOTIONAL NEEDS** | | | | |
| 0 = No evidence of any needs. | | | | |
| 1 = History or sub-threshold, watchful waiting or prevent activities. | | | | |
| 2 = Need causing problems, consistent with diagnosable disorder. | | | | |
| 3 = Need causing severe/dangerous problems; requires immediate/  intensive action. | | | | |
|  | **0** | **1** | **2** | **3** |
| 1. Psychosis |  |  |  |  |
| 1. Impulse/Hyperactivity |  |  |  |  |
| 1. Depression |  |  |  |  |
| 1. Anxiety |  |  |  |  |
| 1. Interpersonal Problems |  |  |  |  |
| 1. Antisocial Behavior |  |  |  |  |
| 1. Anger Control |  |  |  |  |
| 1. **Substance Use (4)** |  |  |  |  |
| 1. Eating Disturbance |  |  |  |  |
| 1. **Adjustment to Trauma (5)** |  |  |  |  |

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| **TRAUMATIC/ADVERSE CHILDHOOD EXPERIENCES** | | | | |
| 0 = No evidence of any trauma of this type. | | | | |
| 1 = Mild exposure, a single incident or suspicion of this trauma type. | | | | |
| 2 = Moderate degree or multiple incidents of this trauma type. | | | | |
| 3 = Repeated and severe incidents of this trauma with medical/physical  consequences. | | | | |
|  | **0** | **1** | **2** | **3** |
| 1. **Sexual Abuse (5a)** |  |  |  |  |
| 1. Physical Abuse |  |  |  |  |
| 1. Neglect |  |  |  |  |
| 1. Emotional Abuse |  |  |  |  |

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| **TRAUMATIC/ADVERSE CHILDHOOD EXPERS cont.** | | | | |
| 0 = No evidence of any trauma of this type | | | | |
| 1 = Mild exposure, a single incident or suspicion of this trauma or ACE | | | | |
| 2 = Moderate degree or multiple incidents of this trauma or ACE | | | | |
| 3 = Repeated and severe incidents of this trauma or ACE | | | | |
|  | **0** | **1** | **2** | **3** |
| 1. Medical Trauma |  |  |  |  |
| 1. Natural Disaster |  |  |  |  |
| 1. Witness to Family Violence |  |  |  |  |
| 1. Witness to Community Violence |  |  |  |  |
| 1. School Violence |  |  |  |  |
| 1. War Affected |  |  |  |  |
| 1. Terrorism Affected |  |  |  |  |
| 1. Witness /Victim of Criminal Acts |  |  |  |  |
| 1. Parental Criminal Behavior |  |  |  |  |
| 1. Disruption in Caregiving/Attachment Losses |  |  |  |  |

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| **RISK BEHAVIORS** | | | | |
| 0 = No evidence of problems; no reason to believe item requires action. | | | | |
| 1 = Watchful waiting; monitoring or possibly preventive action. | | | | |
| 2 = Need for action. Some strategy needed to address problem/need. | | | | |
| 3 = Need for Immediate action. Safety concern; priority for intervention. | | | | |
|  | **0** | **1** | **2** | **3** |
| 1. **Suicide Risk (6)** |  |  |  |  |
| 1. Self Injurious Behavior |  |  |  |  |
| 1. Other Self Harm |  |  |  |  |
| 1. **Danger to Others (7)** |  |  |  |  |
| 1. **Sexual Aggression (8)** |  |  |  |  |
| 1. **Criminal Behavior (9)** |  |  |  |  |
| 1. **Fire Setting (10)** |  |  |  |  |
| 1. Gambling |  |  |  |  |
| 1. Sanction Seeking Behavior |  |  |  |  |
| 1. High Risk Sexual Activity |  |  |  |  |
| 1. Sexual Exploitation |  |  |  |  |

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| **CULTURAL FACTORS** | | | | |
| 0 = No evidence of problems; no reason to believe item requires action. | | | | |
| 1 = Watchful waiting; monitoring or possibly preventive action. | | | | |
| 2 = Need for action. Some strategy needed to address problem/need. | | | | |
| 3 = Need for Immediate action. Safety concern; priority for intervention. | | | | |
|  | **0** | **1** | **2** | **3** |
| 1. Language |  |  |  |  |
| 1. Cultural Identity |  |  |  |  |
| 1. Ritual |  |  |  |  |
| 1. Discrimination/Bias |  |  |  |  |
| 1. Cultural Differences within the Family |  |  |  |  |

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| **DEVELOPMENTAL FACTORS/MILESTONES (Optional)** | | | | |
| Not applicable; information on early childhood not available. | | | | |
| 0 = No evidence of problems; no reason to believe item requires action. | | | | |
| 1 = Watchful waiting; monitoring or possibly preventive action. | | | | |
| 2 = Need for action. Some strategy needed to address problem/need. | | | | |
| 3 = Need for Immediate action. Safety concern; priority for intervention. | | | | |
|  | **0** | **1** | **2** | **3** |
| Motor |  |  |  |  |
| Sensory |  |  |  |  |
| Communication |  |  |  |  |
| Autism Spectrum |  |  |  |  |
| Failure to Thrive |  |  |  |  |
| Regulatory Problems |  |  |  |  |
| Birth Weight |  |  |  |  |
| Prenatal Care |  |  |  |  |
| Substance Exposure |  |  |  |  |
| Labor and Delivery |  |  |  |  |

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| **DEVELOPMENTAL FACTORS/MILESTONES continued** | | | | |
| 0 = No evidence of problems; no reason to believe item requires action. | | | | |
| 1 = Watchful waiting; monitoring or possibly preventive action. | | | | |
| 2 = Need for action. Some strategy needed to address problem/need. | | | | |
| 3 = Need for Immediate action. Safety concern; priority for intervention. | | | | |
|  | **0** | **1** | **2** | **3** |
| Maternal Availability |  |  |  |  |
| Curiosity |  |  |  |  |
| Playfulness |  |  |  |  |
| Temperament |  |  |  |  |
| Feeding/Elimination |  |  |  |  |
| Daycare/Preschool |  |  |  |  |

**Note: Shaded ratings trigger required Extension Modules (see below)**

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| **EXTENSION MODULES** | |
| 1 - School  2 - Developmental Needs  3 - Vocational/Career  4 - Substance Abuse  5 - Trauma/ 5a – Sexual Abuse | 6 - Suicide Risk  7 - Dangerousness/Violence  8 - Sexually Aggressive Behavior  9 - Crime  10- Fire Setting |

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| 1. **SCHOOL N/A** | **0** | **1** | **2** | **3** |
| ***Educational Attributes*** | | | | |
| Academic Persistence |  |  |  |  |
| School Achievement |  |  |  |  |
| Tardiness |  |  |  |  |
| Class Avoidance |  |  |  |  |
| School Attendance |  |  |  |  |
| Classroom Behavior |  |  |  |  |
| Non Classroom Behavior |  |  |  |  |
| School Discipline |  |  |  |  |
| ***Students Needs*** | | | | |
| Self Management |  |  |  |  |
| Decision-Making Skills |  |  |  |  |
| Ability to Pay Attention |  |  |  |  |
| Bullying |  |  |  |  |
| Bullied by Others |  |  |  |  |
| ***Student Life Domain Needs*** | | | | |
| Parenting Responsibilities |  |  |  |  |
| Gang Involvement |  |  |  |  |
| ***Student Strengths*** | | | | |
| Clubs/Athletics |  |  |  |  |
| Leadership |  |  |  |  |
| Peer Relationships |  |  |  |  |
| Relationship with Teachers |  |  |  |  |

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| 1. **DEVELOPMENTAL NEEDS** | **0** | **1** | **2** | **3** |
| Cognitive |  |  |  |  |
| Developmental |  |  |  |  |
| Communication |  |  |  |  |
| Self Care/ Daily Living Skills |  |  |  |  |

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| 1. **VOCATIONAL/CAREER** | **0** | **1** | **2** | **3** |
| Career Aspirations |  |  |  |  |
| Job Time |  |  |  |  |
| Job Attendance |  |  |  |  |
| Job Performance |  |  |  |  |
| Job Relations |  |  |  |  |
| Job Skills |  |  |  |  |

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| 1. **SUBSTANCE ABUSE** | **0** | **1** | **2** | **3** |
| Severity of Use |  |  |  |  |
| Duration of Use |  |  |  |  |
| Stage of Recovery |  |  |  |  |
| Peer Influences |  |  |  |  |
| Parental Influences |  |  |  |  |
| Environmental Influences |  |  |  |  |
| Recovery Support in Community |  |  |  |  |

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| 1. **TRAUMA** | **0** | **1** | **2** | **3** |
| ***Traumatic Stress Symptoms*** | | | | |
| Affective/Physical Dysregulation |  |  |  |  |
| Intrusions |  |  |  |  |
| Traumatic Grief |  |  |  |  |
| Re-experiencing |  |  |  |  |
| Hyper arousal |  |  |  |  |
| Avoidance |  |  |  |  |
| Numbing |  |  |  |  |
| Dissociation |  |  |  |  |
| Time Before Treatment |  |  |  |  |
| ***Sexual Abuse (5a)*** | | | | |
| Emotional Closeness of Perpetrator |  |  |  |  |
| Frequency of Abuse |  |  |  |  |

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| **TRAUMA Continued** | **0** | **1** | **2** | **3** |
| ***Sexual Abuse (5a) continued*** | | | | |
| Duration |  |  |  |  |
| Physical Force |  |  |  |  |
| Reactions to Disclosure |  |  |  |  |

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| 1. **SUICIDE RISK MODULE** | **0** | **1** | **2** | **3** |
| History of Attempts |  |  |  |  |
| Suicide Ideation |  |  |  |  |
| Suicide Intent |  |  |  |  |
| Suicide Planning |  |  |  |  |
| **Substance Use (#42)** |  |  |  |  |
| **Depression (# 37)** |  |  |  |  |
| **Anti-Social Behavior (#40)** |  |  |  |  |
| **Caregiver Mental Health (CG Needs - optional)** |  |  |  |  |
| Accessible Firearm/Medication |  |  |  |  |

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| 1. **DANGEROUSNESS/VIOLENCE** | **0** | **1** | **2** | **3** |
| ***Historical Risk Factors*** | | | | |
| History of Physical Abuse |  |  |  |  |
| History of Violence |  |  |  |  |
| **Witness to Community Violence (#52)** |  |  |  |  |
| **Witness to Family Violence (#51)** |  |  |  |  |
| ***Emotional/Behavioral Risks*** | | | | |
| Frustration Management |  |  |  |  |
| Hostility |  |  |  |  |
| Paranoid Thinking |  |  |  |  |
| Secondary Gains from Anger |  |  |  |  |
| Violent Thinking |  |  |  |  |
| ***Resiliency Factors*** | | | | |
| Aware of Violence Potential |  |  |  |  |
| Response to Consequences |  |  |  |  |
| Commitment to Self Control |  |  |  |  |
| Treatment Involvement |  |  |  |  |

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| 1. **SEXUALLY AGGRESSIVE BEHAVIOR** | **0** | **1** | **2** | **3** |
| Relationship |  |  |  |  |
| Physical Force/Threat |  |  |  |  |
| Planning |  |  |  |  |
| Age Differential |  |  |  |  |
| Type of Sex Act |  |  |  |  |
| Response to Accusation |  |  |  |  |
| Temporal Consistency |  |  |  |  |
| History of Sexually Abusive Behavior |  |  |  |  |
| Severity of Sexual Abuse |  |  |  |  |
| Prior Treatment |  |  |  |  |

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| 1. **CRIME** | **0** | **1** | **2** | **3** |
| Seriousness |  |  |  |  |
| History |  |  |  |  |
| Arrests |  |  |  |  |
| Planning |  |  |  |  |
| Community Safety |  |  |  |  |
| Legal Compliance |  |  |  |  |
| Peer Criminal Behavior (influences) |  |  |  |  |
| Parental Criminal Behavior (Influences) |  |  |  |  |
| Environmental Influences |  |  |  |  |

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| 1. **FIRE SETTING** | **0** | **1** | **2** | **3** |
| Seriousness |  |  |  |  |
| History |  |  |  |  |
| Arrests |  |  |  |  |
| Planning |  |  |  |  |
| Use of Accelerants |  |  |  |  |
| Intention to harm |  |  |  |  |
| Community Safety |  |  |  |  |
| Response to Accusation |  |  |  |  |
| Remorse |  |  |  |  |
| Likelihood of Future Fire setting |  |  |  |  |

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| **CAREGIVER NEEDS (Optional)** | | | | | | |
| Not applicable; no caregiver identified. | | | | | | |
| 0 = No evidence of need; potential resource for the child/youth. | | | | | | |
| 1 = Watchful waiting; monitoring or possibly preventive action. | | | | | | |
| 2 = Need for action. Some strategy needed to address problem/need. | | | | | | |
| 3 = Need for Immediate action. Safety concern; priority for intervention. | | | | | | |
| **Caregiver Information** | | | | | | |
| **First name:** | | | | | | |
| **Last name:** | | | | | | |
| **Caregiver type** | | | | | | |
| Adoptive parent  Aunt  Biological parent  Foster parent | Godparent  Grandparent  Legal guardian  Stepparent | Uncle  Other | | | | |
|  | | | **0** | **1** | **2** | **3** |
| Involvement with Care | | |  |  |  |  |
| Knowledge | | |  |  |  |  |
| Organization | | |  |  |  |  |
| Resources | | |  |  |  |  |
| Physical | | |  |  |  |  |
| Mental Health | | |  |  |  |  |
| Substance Use | | |  |  |  |  |
| Developmental | | |  |  |  |  |
| Safety | | |  |  |  |  |
| Family Stress | | |  |  |  |  |

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| **Additional Caregiver** | | | | | | |
| **First name:** | | | | | | |
| **Last name:** | | | | | | |
| **Caregiver type** | | | | | | |
| Adoptive parent  Aunt  Biological parent  Foster parent | Godparent  Grandparent  Legal guardian  Stepparent | Uncle  Other | | | | |
|  | | | **0** | **1** | **2** | **3** |
| Involvement with Care | | |  |  |  |  |
| Knowledge | | |  |  |  |  |
| Organization | | |  |  |  |  |
| Resources | | |  |  |  |  |
| Physical | | |  |  |  |  |
| Mental Health | | |  |  |  |  |
| Substance Use | | |  |  |  |  |
| Developmental | | |  |  |  |  |
| Safety | | |  |  |  |  |
| Family Stress | | |  |  |  |  |

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| Clinician Signature & date: |
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| Supervisor Signature & date: |
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| **Additional Caregiver** | | | | | | |
| **First name:** | | | | | | |
| **Last name:** | | | | | | |
| **Caregiver type** | | | | | | |
| Adoptive parent  Aunt  Biological parent  Foster parent | Godparent  Grandparent  Legal guardian  Stepparent | Uncle  Other | | | | |
|  | | | **0** | **1** | **2** | **3** |
| Involvement with Care | | |  |  |  |  |
| Knowledge | | |  |  |  |  |
| Organization | | |  |  |  |  |
| Resources | | |  |  |  |  |
| Physical | | |  |  |  |  |
| Mental Health | | |  |  |  |  |
| Substance Use | | |  |  |  |  |
| Developmental | | |  |  |  |  |
| Safety | | |  |  |  |  |
| Family Stress | | |  |  |  |  |

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| **Additional Caregiver** | | | | | | |
| **First name:** | | | | | | |
| **Last name:** | | | | | | |
| **Caregiver type** | | | | | | |
| Adoptive parent  Aunt  Biological parent  Foster parent | Godparent  Grandparent  Legal guardian  Stepparent | Uncle  Other | | | | |
|  | | | **0** | **1** | **2** | **3** |
| Involvement with Care | | |  |  |  |  |
| Knowledge | | |  |  |  |  |
| Organization | | |  |  |  |  |
| Resources | | |  |  |  |  |
| Physical | | |  |  |  |  |
| Mental Health | | |  |  |  |  |
| Substance Use | | |  |  |  |  |
| Developmental | | |  |  |  |  |
| Safety | | |  |  |  |  |
| Family Stress | | |  |  |  |  |