#### STATE DEPARTMENT OF MENTAL HEALTH MEDI-CAL MANAGED CARE

# Medical Necessity for Specialty Mental Health Services that are the Responsibility of the Mental Health Plan

Must have all, A, B, and C:

#### A. Diagnoses

Must have one of the following DSM IV diagnoses, which will be the focus of the intervention being provided:

#### **Included Diagnoses:**

- Pervasive Developmental Disorders, except Autistic Disorder which is excluded.
- Attention Deficit and Disruptive Behavior Disorders
- Feeding & Eating Disorders of Infancy or Early Childhood
- □ Elimination Disorders
- Other Disorders of Infancy, Childhood, or Adolescence
- □ Schizophrenia & Other Psychotic Disorders
- Mood Disorders
- □ Anxiety Disorders
- Somatoform Disorders
- □ Factitious Disorders
- Dissociative Disorders
- Paraphilias
- □ Gender Identity Disorders
- Eating Disorders
- Impulse-Control Disorders Not Elsewhere Classified
- □ Adjustment Disorders
- Personality Disorders, excluding Antisocial Personality Disorder
- Medication-Induced Movement Disorders

### **Excluded Diagnoses:**

- Mental Retardation
- Learning Disorders
- Motor Skills Disorder
- Communication Disorders
- Autistic Disorder (Other Pervasive Developmental Disorders are included.)
- Tic Disorders
- Delirium, Dementia and Amnestic and other Cognitive Disorders
- Mental Disorders due to a General Medical Condition
- Substance-Related Disorders
- □ Sexual Dysfunctions
- Sleep Disorders
- Antisocial Personality Disorder
- Other conditions, including V-codes, that may be a focus of Clinical Attention. (Except medication induced movement disorders which are included.)

A beneficiary may receive services for an included diagnosis when an excluded diagnosis is also present.

## **B.** Impairment Criteria

Must have one of the following as a result of the mental disorder(s) identified in the diagnostic ("A") criteria: Must have one, 1, 2, or 3:

- 1. A significant impairment in an important area of life functioning, or
- 2. A probability of significant deterioration in an important area of life functioning, or
- 3. Children also qualify if there is a probability the child will not progress developmentally as individually appropriate. Children covered under EPSDT qualify if they have a mental disorder which can be corrected or ameliorated (current DHS EPSDT regulations also apply).

#### C. Intervention Related Criteria

Must have all, 1, 2, and 3 below:

- 1. The focus of proposed intervention is to address the condition identified in impairment criteria "B" above,
- 2. It is expected the beneficiary will benefit from the proposed intervention by significantly diminishing the impairment, or preventing significant deterioration in an important area of life functioning, and/or for children it is probable the child will progress developmentally as individually appropriate (or if covered by EPSDT can be corrected or ameliorated), and
- 3. The condition would not be responsive to physical healthcare based treatment.

EPSDT beneficiaries with an included diagnosis and a substance related disorder may receive specialty mental health services directed at the substance use component. The intervention must be consistent with, and necessary to the attainment of, the specialty MH treatment goals.