

## Thinking for ourselves

## The morning session

is designed to offer inspiration, educational information, highlight and celebrate our existing community resources and honor cultural practices that have allowed us to sustain ourselves with dignity and honor despite the many challenges we face.



## The afternoon session

will be a Harambee (community gathering), facilitated by The Institute for the Advanced Study of Black Family Life and Culture targeted to African Americans to solicit input through small group discussions on an African American Wellness Hub Design.

## Because ... Black Minds Matter 2!

Friday, February, 26 • 9am-4pm
West Oakland Youth Center
3233 Market St • Oakland, CA 94608

A "Food for the Soul" Lunch will be served

Contact Gigi Crowder to rsvp or if you need any accommodations at 510-777-2118 or email: Gcrowder@acbhcs.org



