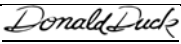
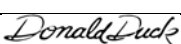



CLIENT PROGRESS NOTES

Client Name: Mickey Mouse

ID#: 123456

Service Date	Type of Service	Start/ End Time	Tx Plan Index # (s)	Behavior: What are the Clt's observations, thoughts and comments? What are the Counselor's observations (affect, mood, appearance)?	Intervention: What Clt goals & objectives were discussed? Was homework reviewed or assigned?	Response: What was the Clt's response to the session and their progress in reaching treatment goals?	Plan: Does the tx plan need to be updated? What are the Counselor's next steps and when is the next session date?	Date Note Signed
1/16/17	Group	6p to 7:30p	1	B: Client shared that he continues to drink alcohol daily and discussed how he does not know how to stop. Mood and affect appeared angry, agitated, and with feelings of stress. I: Client participated in Anger Management / SUD Group. Facilitators assisted group in discussing alternative coping strategies to reduce angry responses and impact of SUD (and resulting anger) on interpersonal relationships. R: Client participated in the group when directly asked but did not volunteer much on his own. Seemed distracted and had trouble focusing on the topic. P: Client will continue to attend groups to gain increased understanding of the impact of substance use on relationships. Will work with client on developing more effective and less destructive ways to cope with stress.				1/18/17
								
				Donald Duck, LAADC				
1/18/17	Collateral	2:15p to 2:50p	7	B: Counselor met with client's wife due to her concerns about client's continued substance use. Client signed a Release of Information on 11/30/16 allowing counselor to discuss client's treatment. Client's wife shared that client uses substances every day and does not appear to be slowing down. She shared that he is very difficult to be around and that she has thoughts of leaving him. I: Counselor spoke at length to client's wife, discussing ways she can provide support when he relapses; for example how to set appropriate boundaries with client, when to encourage client to contact his sponsor, to encourage client to share his feelings of sadness at groups. Counselor shared some of the coping mechanisms and stress relieving techniques client is working on in groups (listening techniques, reducing reactivity, alternative behaviors). R: Client's wife thanked counselor for advice on ways to provide support for client and how to set boundaries with him when he is drinking. Client's wife agreed to try some of these techniques and would contact counselor the following week to discuss progress. P: Based on client's wife reports, client continues to demonstrate significant impairment due to daily use of substances. Client continues to struggle with stress management and may be taking out work related stress at home.				1/22/17
								
				Donald Duck, LAADC				
1/22/17	Group	6p to 7:20p	1	B: Client discussed still feeling angry about his previous day at work. Shared having a difficult time waking up and that he had a drink (beer) immediately upon waking. I: Client attended Mindfulness Group. Facilitators encouraged participants to recall previous times in their lives when they had success managing stress and anger without using substances. Group members linked this to their current situation and identified specific ways they can use these in their current position. R: Client appeared despondent and unfocused. He left the group about 10 minutes early stating he was getting tired and had to take the bus home. P: Client will continue to attend groups to gain increased understanding of the impact of substance use on relationships. Will work with client on developing more effective and less destructive ways to cope with stress.				1/23/17
								
				Donald Duck, LAADC				

Services Types:

Counselor or Therapist is required to legibly print their name, sign and date EACH note.

Intake/Individual-I	Group=G	Crises=C	Collateral=CO	Case Mngt=CM	Tx Plan=TP	Transport=TR	Medication=M	Discharge Plan=DP	Other=O
Index #s:	1) Substance Use Disorder		2) Mental Health		3) Physical Health		4) Employment/Education		5) Financial/Housing
	7) Psycho-Social /Family		8) Spirituality		To Be Added=TBA		Not Applicable=N/A		

The date of the counseling session may be different than the date note is signed. Notes must be legibly printed, signed and dated by the counselor/therapist the day of service or no later than 7 calendar days from the date of the counseling session.