

### 11.3 Non-Hospital Specialty Mental Health Services

This section addresses ACBHP's authorization of services for non-hospital Specialty Mental Health Services (SMHS) across child and adult mental health programs. In accordance with Title 9, CCR, Section 1830.215, ACBHP, "may require that providers obtain MHP payment authorization of any and all SMHS" and "shall require that providers obtain MHP payment authorization for day rehabilitation, day intensive and EPSDT supplemental SMHS *as required in the MHP contract with the Department*." (underlining and italics added to quotations.) Exhibit A, Attachment 1, Section X, of the DMH contract requires ACBHP to obtain initial and ongoing payment authorization for rehabilitative and intensive day treatment services as well as "counseling, psychotherapy or other similar services...that will be provided on the same day that day treatment intensive or day rehabilitation is being provided to the beneficiary".

Title 9, CCR, Section 1810.229 and Exhibit A, Attachment 1, Section Y, ACBHP, "require providers to request initial and on-going MHP payment authorization for TBS".

Consistent with regulation, the DMH contract and ACBHCS Utilization Management Plan, ACBHP requires providers of non-hospital SMHS to obtain prospective and concurrent payment authorization for rehabilitative day treatment, intensive day treatment, SMHS provided in conjunction with rehabilitative and intensive day treatment services, TBS services, Provider Network (Level 3) services and inpatient hospital services. ACBHP does not require providers to obtain payment authorization for SMHS not listed above.

For non-hospital services requiring authorization, ACBHP will maintain existing centralized authorization processes, including initial placement authorization, CQRT and TBS authorization.

At the discretion of ACBHCS Administration, (1) provider contracts may require additional quality and authorization requirements for any and all services and (2) provider corrective action plans may require providers to implement additional quality and authorization requirements, including centralized authorization processes, for any and all services. In addition, new provider organizations are required to comply with centralized authorization processes, including CQRT, for a minimum of 1 year.

For all programs and services, providers are required to maintain compliance to all County, State and Federal laws regulating the delivery of SMHS. Providers are required to maintain and report internal review processes to assure compliance. ACBHP will maintain annual quality and claim audit and corrective action processes to assure provider compliance.

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