SENECA
INSTITUTE FOR ADVANCED PRACTICE

alameda county behavioral health
MENTAL HEALTH & SUBSTANCE USE SERVICES

Presented by

SENECA FAMILY OF AGENCIES in partnership with ALAMEDA COUNTY BEHAVIORAL HEALTH

Preventing, De-Escalating, and Managing Aggressive Behavior in Behavioral Health Care Settings 5.5 Continuing Education Credits

WHEN:

Option 1 (F): Feb. 22, 2019
Time: 9:00 AM - 4:00 PM

Option 2 (W): Feb. 27, 2019
Time: 9:30 AM - 4:30 PM

LOCATION:

Feb. 22: Santa Rita Jail, Media Room
5325 Broder Blvd.,
Dublin, CA

Feb. 27: Seneca Family of Agencies
6925 Chabot Road,
Oakland, CA

INTENDED AND FREE FOR:

Alameda County Behavioral Health (ACBH) Social Work and Mental Health Staff and Providers Contracted with ACBH

About the Course

The course emphasis is placed on exercising self-control and systematically utilizing least-restrictive measures versus attempts to externally control others. Setting limits is viewed as informative and helpful to the other party rather than punitive or judgmental.

There will be breaks (totaling 20 minutes for the day) and one hour for lunch, during which continuing education credit is not accrued.

We recommend that participants bring their lunch. Light snacks will be provided.

Educational Objectives

Identify two words universally used most often to "bait" and initiate the cycle of provocation/antagonization.
Define the two primary strategies that most reliably stimulate rational-thought in another, with an emphasis on choices and curiosity.
Name the two most recurring communicational missteps on the part of the speaker that, unwittingly, emotionally intensify rather than help calm most situations.
Analyze the three communicational elements that must be in place in order for a sender's message to be received as intended.
Describe the core basis of most arguments: resulting from a misplaced emphasis on the part of both parties and the presence of anger masking fear.

About the Presenter

Ian Brennan has over 20 years of experience training on managing aggressive behavior in a variety of behavioral health settings. He trains nationally and internationally on this and related subjects including anger management and conflict resolution. Mr. Brennan has successfully trained tens of thousands of people since 1993 at shelters, schools, hospitals, clinics, and drug-treatment centers including such prestigious organizations as the Betty Ford Center, Bellevue Hospital (NYC), and Stanford University. These trainings are based on his over 15 years experience working as a mental health specialist in locked, acute-psychiatric settings, the job rated as "the most dangerous" in the state of California.

Continuing Education Credits

Registrants are responsible for reading the following information
Training meets the qualifications for 5.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Seneca Family of Agencies is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Provided by Seneca Family of Agencies, Provider #135057.

Course meets the qualifications for 5.5 continuing education credits for Psychologists as ACBHCS is an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content, as it relates to psychologist's CE credit.

CERTIFICATES Certificates of completion will not be provided if more than 15 minutes of content is missed by participant. If participants complete all criteria required for a certificate, certificates will be provided within two weeks of the training. For assistance, contact Seneca Institute for Advanced Practice at (510) 654-4004 or **certificates@senecacenter.org**

Register for ONLY one: http://alameda.netkeepers.com   **Registration assistance:** training.unit@acgov.org, (510) 567- 8113

If you must cancel enrollment, please do so at least 72 hours in advance of the training.

To request accommodation* or to file a grievance about an ACBH sponsored training, go to: http://www.acbhcs.org/training-calendar

*At the Seneca location, close parking (without stairs) is limited, so anyone who needs accommodations should request them right away. Carpooling is encouraged.