# Trauma Informed Care: Beyond the Basics

A FREE COURSE PROVIDED BY A BETTER WAY & ALAMEDA COUNTY BEHAVIORAL HEALTH

#### DESCRIPTION & LEARNING OBJECTIVES

This advanced course will utilize a trauma informed, developmentally sensitive lens in order to inform clinical problem solving. The training will include: applying the principle of dosing in clinical problem solving; the effect of trauma on brain development and how this informs the behaviors that interfere with a client's functioning; discussing sensitized stress response network and how affects clients and staff. The training will review the latest research in the area of trauma-informed care.

Participant will be able to:

1.) Design treatment utilizing the concept of dosing.

2.) Use the concept sensitized stress response network in their work with children in care.

3.) Utilize the concept of a sensitized response network in order.

4.) Utilize the latest research on trauma informed care to develop a treatment plan.

### CONTINUING EDUCATION

#### THIS COURSE OFFERS 4 CONTINUING EDUCATION

**CREDITS.** A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor Continuing Education for LCSW, LMFT, LPCC, LEP (62361) and the California Psychological Association (CPA) to sponsor Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program/course and its content. **Partial credit is not available.**  May 23, 2019 10:00am-2:15pm 3200 Adeline Street Berkeley, Ca. 94703

Log in to Register: https://training.abetterwayinc.info/ Registration code: nl4wne

## INSTRUCTOR BIOGRAPHY

Dr. Cherise Northcutt, Ph.D. is a clinical psychologist with over 30 years of experience providing behavioral health services to individuals birth through adulthood and their families. Her area of expertise includes working with infants and toddlers and their caregivers. She is endorsed by the state of California as an Infant-Family and Childhood Mental Health Specialist. Her clinical work has focused on working with children who have a history of trauma, including medical trauma, trauma due to environmental incidents, and trauma due to maltreatment. She has spent most of her career working with children in care or at risk for care. Her years of working with children has led to her obtaining training from Dr. Bruce Perry's Child Trauma Academy. She is currently certified as a trainer in the Neurosequential Model of Therapeutics and is enrolled in their mentor program.





Questions or grievances? Contact us! Trainings@abetterwayinc.net (510) 913-1326