



ALCOHOL, DRUG & MENTAL HEALTH SERVICES
CAROL BURTON, INTERIM DIRECTOR

June 1, 2018

Dear Colleagues:

Alameda County Behavioral Health Care Services is bringing the second annual Asian and Pacific Islander (API) Mental Health Empowerment Conference to Oakland on November 29 and 30, 2018! This year's theme is Unified In Resilience: Drawing Strength from our Communities.

The purpose of this conference is to increase awareness of mental health concerns and to promote improvement of mental health services for API communities both locally and beyond. APIs are a traditionally underserved and unserved population, with a Medi-Cal penetration rate for specialty mental health services of under 2% in Alameda County. To address this challenge, this conference will convene mental health consumers, professionals, educators, family members, and advocates to reflect on how we can better address the mental health needs of API communities.

The Program Subcommittee invites you to submit proposals to present and/or facilitate workshops for this Conference in one or more of the following Categories:

1. Outreach, Education, and Access
2. Culturally Responsive Services, which may include:
 - a. Specific Population (i.e. Children, older adults, LGBTQ, refugees)
 - b. Specialty Services (i.e. Medication, psychiatry, traditional/Eastern medicine)
3. Promoting Community Engagement for Mental Health

The workshop proposal should relate to the theme, "Unified In Resilience," showcasing research, practices, and stories that enable APIs to draw resilience from our diverse communities to address mental health concerns. (See attached). **Proposals must be submitted by July 30, 5 PM PST** to Sophia.Lai@acgov.org.

Thank you for your support for advancing mental health empowerment for API communities. Please feel free to contact me if you have any questions.

Sincerely,

A handwritten signature in black ink, appearing to read "Sophia Lai".

Sophia Lai
Program Chair
Asian & Pacific Islander Mental Health Conference 2018

Senior Program Specialist, Quality Improvement
Alameda County Behavioral Health Care Services



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Asian & Pacific Islander Mental Health Empowerment Conference 2018 Workshop Proposal Requirements

Workshop Format: Conference workshops should be 60 minutes long and include an interactive component, such as a question and answer session at the end. Each workshop may be presented twice during the course of the conference, or as schedule permits.

Eligibility: Both individuals and organizations may submit proposals. We encourage submissions from mental health services consumers, family members, providers, researchers, and community leaders. There is no limit to the number of proposals an individual or organization may submit.

Proposal Format:

- Proposals should be no more than **two** pages (11 point Arial Font, single space)
- Proposals should describe:
 - 1) **Workshop Category(ies)**
 - 1) Outreach, Education, or Access
 - 2) Culturally Responsive Services (Specific population, Specialty Services)
 - 3) Promoting Community Engagement
 - 2) **Workshop Title**
 - 3) **Learning Objectives**
 - 4) **Outline or Narrative Summary**
 - 5) **Research or Program/Services Framework**
 - 6) **Presenter(s) Background and Experience**
- Proposals should attach Presenter's Biography, Resume, or CV (does not count toward page limit)
- Proposals may include a Powerpoint (drafts accepted) or outline of slides for presentation.
*If selected, technical assistance is available for developing a Powerpoint presentation; please note if you are interested in this support.

Deadline: Proposals must be submitted by **July 30, 2018 at 5:00 p.m. PST** to Sophia.Lai@acgov.org.

Proposals will be scored on the following factors:

- 1) Content (80%)
 - a. Relevance to the conference theme, goals, and intentions
 - b. Advancement of API mental health empowerment
 - c. Scientific or programmatic validity of research and services (if appropriate)
 - d. Timeliness of topic
 - e. Creativity and innovation
 - f. Representation of diversity of API communities
- 2) Presenter Background and Experience (20%)
 - a. Expertise in topic
 - b. Presentation experience

Conference presenters may earn 1 CME credit in return for their teaching.



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Asian & Pacific Islander Mental Health Empowerment Conference 2018
Theme: "Unified In Resilience": Drawing Strength From Our Communities

As Asians and Pacific Islanders, we draw our resilience from our diverse communities. By joining in unity, we are empowered to share not only our stories, but also the research and practices that enable us to better meet the mental health needs of our communities. Together, we celebrate the historical interconnection of API communities, acknowledging the struggles and successes that impact our mental health today.

Conference Goals & Learning Objectives:

Build a Knowledge Base, Programming, and Services that are sustainable in API communities which impact their low utilization rates and quality of care of/from behavioral health care services.

Conference Intentions/Purposes:

Deliver an inclusive cultural and professional enrichment opportunity to empower the services providers and members of the API communities to improve the quality of care and reduce health disparities.