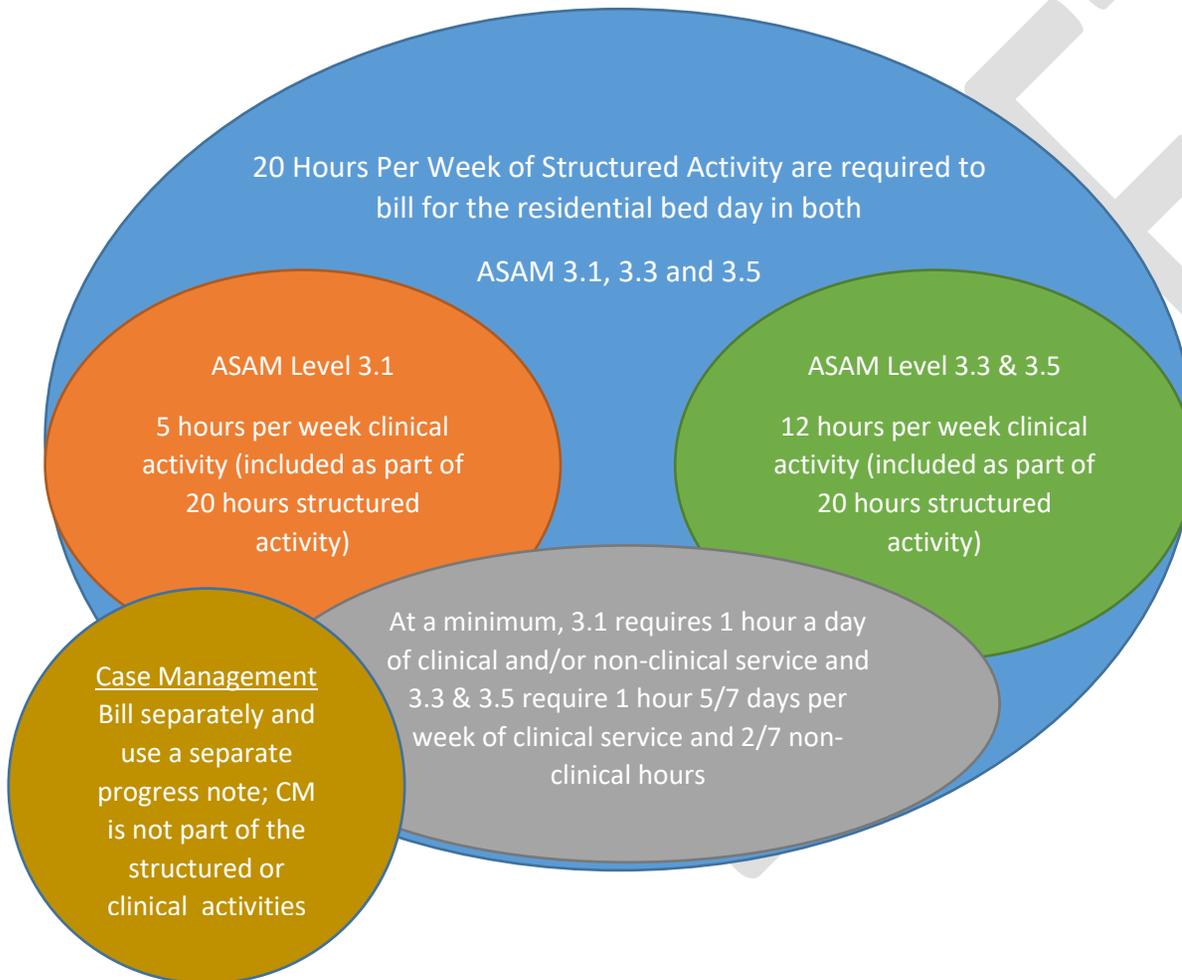


## RESIDENTIAL SERVICE PROGRAM REQUIREMENTS

All licensable treatment services, except transportation, must be provided by a residential treatment facility exclusively within the facility or within any facility identified on a single license by street address.



Recovery Oriented Self-Care

Non-Clinical Structured Patient Education Sessions/Activities

### Clinical Structured Activity

- Intake/Assessment
- Individual Counseling
- Group Counseling (12 or < less)
- Family Therapy
- Collateral Services
- Crisis Intervention Services
- Treatment Planning
- Discharge Services

### Non-Clinical Group Structured Activity

- Patient Education -Research based addiction, treatment, recovery & associated health risks
- Facilitated activity by program staff or qualified outside provider (over for more info)
- Group size unlimited
- Must describe activity, goals and benefit to client recovery plan
- Progress note must link activity to client plan goals, objectives and/or action steps

### Non-Clinical Individual Structured Activity

- Minimum 50 minute activity with 10 minute post check-in by SUD Counselor or LPHA
- Examples of Activity: Job application; Resume writing; Recovery workbook/homework

Structured Activities must relate to the Client Plan

**Scheduled Structured Sessions/Activities must be supported by the Client Treatment Plan and Documentation of Client Participation in All Structured Activities must link to the stated Goals and/or Objectives and/or Action Steps of the Client Plan. Non-Clinical Structured Activities are Educational Sessions (Patient Education).**

I. A facilitated activity by program staff, or qualified providers outside of the program, with a focus on improvement of the overall well-being of the client. Addictive behaviors are a form of self-abuse and neglect. Self-care and recovery go hand-in-hand and includes an in-depth understanding of personal needs. Examples of structured activities include being mindful of sleep, nutrition, exercise, setting boundaries, communication with self and others and practicing self-acceptance. Self-care is a cornerstone of healing addiction and Elements of Self-Care Recovery are:

- Physical-caring for your body internally and externally.
- Emotional-understanding expression for your internal and external health
- Mental-critical thinking that engages and inspires
- Vocational / Educational
- Spiritual-this aspect of self-care can assist with feelings of connectedness, oneness and universality while decreasing feelings of isolation and loneliness
- Social-building a recovery support network of people who uplift and offer meaningful friendships and connections
- Practical-routine day-to-day aspects of living may include shopping, banking/money management, scheduling your day “time management”, setting priorities, creating your personal safe place

II. Before billing for structured activities the SUD Provider will develop and have in place a description of the structured activity that includes:

- What is the Topic of the Activity
- Clinical or Non-Clinical
- Who will facilitate the activity?
  - Program staff
  - Outside Qualified Provider: the SUD provider must have on file information pertaining to the following:
    - Sub-contractor name and their qualifications 2) ACBH CG training and Oath of Confidentiality 3) Contractor and/or Volunteer application with acknowledgments of confidentiality 4) Evidence of Program Orientation 5) Signed Confidentiality Statement ACBH Policy
- Focus of the Activity as it relates to Recovery
- Short term and long term benefits for the client
- Where and How the client can independently incorporate the activity into their daily and/or weekly recovery program