BHCS Office Of Ethnic Services is pleased to offer a FREE training on: Listening to the Silence: Asian American Cultural Competency in Culture

Tuesday, December 11, 2018

9:00 am - 4:00 pm

Sign in begins at 8:45 Training starts promptly at 9:00am 1900 Embarcadero Cove, Oakland Ca 94606 Suite 101, Brooklyn Basin/Tilden Room

Description: Asian Americans are one of the most rapidly expanding racial group in the nation over the last decade and constitute nearly 6 percent of the U.S. population (U.S. Census Bureau, 2012). Asian Americans also represent a diversity of ethnicities, cultures, and immigration histories, and speak over 100 languages and dialects (Substance Abuse and Mental Health Services Administration [SAMHSA], 2001). It is estimated that nearly 67 percent of Asians in the U.S. are foreign-born and a significant proportion of the population have limited English proficiency (Asian American Center for Advancing Justice, 2012). With over 17 million Asian Americans in the U.S., it becomes increasingly important to properly assess the public health needs of this diverse population to ensure equitable resources for prevention and treatment. This training will explore the range of issues related to working with Asian American communities – including demographic characteristics, mental and behavioral health issues, acculturation, cultural influence on health beliefs, values and communication styles, as well as strategies for culturally responsive care as it relates to treatment seeking, maintenance and treatment outcome for Asian Americans.

Learning Objectives – By the end of this training, participants will be able to:

- Discuss the diversity and complexity inherent in the Asian American community and its impact on mental health/ behavioral health
- Prepare services to accommodate culture as fluid and evolving
- Describe the process of acculturation, and its relevance in providing prevention and treatment services to clients
- Identify at least two interventions/ strategies to better serve Asian Pacific
 Islander American clients in the context of mental health/ behavioral health

<u>Trainer:</u> Michael Liao is the director of programs at NICOS Chinese Health Coalition, a San Francisco-based public-private-community partnership of more than 30 health and human service organizations. Mr. Liao's career in social work has spanned various settings, including child welfare, domestic violence prevention, supervised visitation, mental health and substance use disorder treatment. Over the past 15 years, he has provided cultural competency, problem gambling, and domestic violence training and technical assistance to community-based organizations, professional groups, and governmental agencies throughout the state of California.

Food: Lunch will be provided, courtesy of BHCS Ethnic Services.

For reasonable accommodation or to file a grievance, go to: http://www.acbhcs.org/training;

REGISTRATION:

Please register online at: http://alameda.netkeepers.com

For registration help contact:

Training.Unit@acgov.org

Ph: 510-567-8113

When emailing, include training <u>Date</u> and <u>Title</u> in Subject Line.

For other information about this training contact:

Deante Young,

Deante.Young@acgov.org

Continuing Education:

This course meets the qualifications for <u>5.5 hours</u> of continuing education credit for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; for California Foundation for Advancement of Addiction Professionals (CFAAP), Provider No. 4C-04-604-0618; and for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, CAMFT Provider No. 65749. ACBHCS maintains responsibility for this program/course and its content.

CE Certificates will be sent to qualifying training participants via email within 30 days after the training.

